Kyle Shewfelt GYMNASTICS

GYM360, SPECIALTY AND ADULT

CONTINUOUS MONTHLY PROGRAMMING SCHEDULE

(SEPTEMBER 2021 – JUNE 2022)

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PRICING VARIES BY MONTH BASED ON THE NUMBER OF CLASSES OFFERED. PLEASE SEE PRICING GRID FOR MORE DETAILS.						
GYM 360						
JUNIOR GYM360 CLASS LENGTH: 1 HOUR/DAYTIME 1.5 HOURS/EVENINGS & WEEKENDS CO-ED, AGES 5-6	4:50PM 6:30PM	4:50PM	4:50PM 6:30PM	4:50PM 6:30PM	3:15PM (1 HR)	1:00PM
BEGINNER GYM360 *GYM360 LEVELS 1 & 2* CLASS LENGTH: 1 HOUR/DAYTIME 1.5 HOURS/ EVENINGS & WEEKENDS CO-ED, AGES 6+	4:50PM 6:30PM	4:50PM (2 CLASSES) 6:30PM	4:50PM (2 CLASSES) 6:30PM (2 CLASSES)	4:50PM (2 CLASSES) 6:30PM (2 CLASSES)	3:15PM (1 HR) (2 CLASSES)	9:30AM 11:15AM 1:00PM (2 CLASSES)
INTERMEDIATE GYM360 *GYM360 LEVELS 3, 4 & 5* CLASS LENGTH: 1 HOUR/DAYTIME 1.5 HOURS EVENINGS & WEEKENDS CO-ED, AGES 6+	4:50PM 6:30PM	4:50PM 6:30PM (2 CLASSES)	4:50PM (2 CLASSES) 6:30PM (2 CLASSES)	4:50PM (2 CLASSES) 6:30PM (2 CLASSES)	3:15PM (1 HR)	9:30AM 11:15AM 1:00PM
ADVANCED GYM360 *GYM360 LEVELS 6 & 7* CLASS LENGTH: 1.5 HOURS EVENINGS & WEEKENDS CO-ED, AGES 7+	4:50PM	6:30PM	6:30PM	4:50PM 6:30PM	X	1:00PM
ADVANCED PLUS GYM360 *GYM 360 LEVELS 8, 9, 10 & BEYOND* CLASS LENGTH: 1.5 HOURS CO-ED, AGES 8+ PRE-REQ: GYM360 LEVEL 7 OR COMPETITIVE EXPERIENCE	6:30PM	X	X	X	X	X
SPECIALTY						
PRE-TEEN GYM AGES 8 -11 CLASS LENGTH: 1.5 HOURS NO GYMANSTICS EXPERIENCE REQUIRED	X	X	4:50PM	X	X	X
TEEN GYM CLASS LENGTH: 1.5 HOURS AGES 12-16 NO GYMNASTICS EXPERIENCE REQUIRED	6:30PM	X	X	X	X	X
ACRO AND TUMBLING FOR DANCE AND CHEER CLASS LENGTH: 1.5 HOURS CO-ED, AGES 6+ BEGINNER: BRIDGE AND CARTWHEEL MASTERED INT/ADV: ROUNDOFF MASTERED, READY FOR AERIALS AND BACK HANDSPRINGS	X	4:50PM *(BEGINNER)* 6:30PM *(INT/ADV)*	X	X	X	X
TRAMPOLINE AND TUMBLING CLASS LENGTH: 1.5 HOURS CO-ED, AGES 7+ PRE-REQ: LEVEL 2 GYM360 AND CARTWHEEL	4:50PM	X	X	X	X	X
PARKOUR GYMNASTICS CLASS LENGTH: 1.5 HOURS CO-ED, AGES 8+ BEGINNER: FOR ANYONE!! INT/ADV: MASTERED KONG, HANDSTAND AND LONG SWING	X	4:50PM *(BEGINNER)* 6:30PM *(INT/ADV)*	X	X	X	X
ADULT GYMNASTICS/FITNESS (AGES 16+)						
ADULT GYMNASTICS CLASS LENGTH: 1.5 HOURS ALL LEVELS: FOR ANYONE!! INT/ADV: MASTERED THE BASICS AND READY FOR MORE CHALLENGING SKILLS AND COMBINATIONS	X	X	6:30PM *(ALL LEVELS)*	X	X	X
GYMSANITY CARDIO AND FULL BODY BLAST! CLASS LENGTH: 1 HOUR	7:00PM	X	X	X	X	X

PLEASE NOTE THAT ALL CLASSES ARE SUBJECT TO CHANGE OR CANCELLATION BASED ON ENROLLMENT AND COACH AVAILABILITY.

NO CLASSES:
OCTOBER 10 & 11 (THANKSGIVING)
NOVEMBER 11 (REMEMBRANCE DAY)
DECEMBER 21 – 31 (WINTER BREAK)
JANUARY 1 & 2 (WINTER BREAK)
FEBRUARY 21 (FAMILY DAY)
MARCH 21 – MARCH 26 (MARCH BREAK)
APRIL 15 (GOOD FRIDAY) & 17 (EASTER SUNDAY)
MAY 8 (MOTHER'S DAY), MAY 21 – 23 (MAY LONG WEEKEND)
JUNE 28, 29 & 30 (SUMMER CAMP PREP)

LAST DAY OF CLASS BEFORE JULY/AUGUST PAUSE:
TUESDAY, JUNE 21
WEDNESDAY, JUNE 22
THURSDAY, JUNE 23
FRIDAY, JUNE 24
SATURDAY, JUNE 25
SUNDAY, JUNE 26
MONDAY, JUNE 27