



GYM360, SPECIALTY AND ADULT

CONTINUOUS MONTHLY PROGRAMMING SCHEDULE

(SEPTEMBER 2021 - JUNE 2022)

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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PRICING VARIES BY MONTH BASED ON THE NUMBER OF CLASSES OFFERED. PLEASE SEE PRICING GRID FOR MORE DETAILS.

GYM 360

JUNIOR GYM360 CLASS LENGTH: 1 HOUR/DAYTIME 1.5 HOURS/EVENINGS & WEEKENDS CO-ED, AGES 5-6	4:50PM 6:30PM	4:50PM	4:50PM 6:30PM	4:50PM 6:30PM	3:15PM (1 HR)	1:00PM
BEGINNER GYM360 GYM360 LEVELS 1 & 2 CLASS LENGTH: 1 HOUR/DAYTIME 1.5 HOURS/ EVENINGS & WEEKENDS CO-ED, AGES 6+	4:50PM (2 CLASSES) 6:30PM	4:50PM 6:30PM	4:50PM (2 CLASSES) 6:30PM (2 CLASSES)	4:50PM (2 CLASSES) 6:30PM (2 CLASSES)	3:15PM (1 HR)	9:30AM 11:15AM 1:00PM
INTERMEDIATE GYM360 GYM360 LEVELS 3, 4 & 5 CLASS LENGTH: 1 HOUR/DAYTIME 1.5 HOURS EVENINGS & WEEKENDS CO-ED, AGES 6+	4:50PM 6:30PM	4:50PM 6:30PM (2 CLASSES)	4:50PM (2 CLASSES) 6:30PM (2 CLASSES)	4:50PM (2 CLASSES) 6:30PM (2 CLASSES)	3:15PM (1 HR)	9:30AM 11:15AM 1:00PM
ADVANCED GYM360 GYM360 LEVELS 6 & 7 CLASS LENGTH: 1.5 HOURS EVENINGS & WEEKENDS CO-ED, AGES 7+	4:50PM	6:30PM	6:30PM	4:50PM 6:30PM	X	1:00PM
ADVANCED PLUS GYM360 GYM 360 LEVELS 8, 9, 10 & BEYOND CLASS LENGTH: 1.5 HOURS CO-ED, AGES 8+ PRE-REQ: GYM360 LEVEL 7 OR COMPETITIVE EXPERIENCE	6:30PM	X	X	X	X	X

SPECIALTY

PRE-TEEN GYM AGES 8-11 CLASS LENGTH: 1.5 HOURS NO GYMNASTICS EXPERIENCE REQUIRED	X	X	4:50PM	X	X	X
TEEN GYM CLASS LENGTH: 1.5 HOURS AGES 12-16 NO GYMNASTICS EXPERIENCE REQUIRED	6:30PM	X	X	X	X	X
ACRO AND TUMBLING FOR DANCE AND CHEER CLASS LENGTH: 1.5 HOURS CO-ED, AGES 6+ BEGINNER: BRIDGE AND CARTWHEEL MASTERED INT/ADV: ROUND OFF MASTERED, READY FOR AERIALS AND BACK HANDSPRINGS	X	4:50PM (BEGINNER) 6:30PM (INT/ADV)	X	X	X	X
TRAMPOLINE AND TUMBLING CLASS LENGTH: 1.5 HOURS CO-ED, AGES 7+ PRE-REQ: LEVEL 2 GYM360 AND CARTWHEEL	4:50PM	X	X	X	X	X
PARKOUR GYMNASTICS CLASS LENGTH: 1.5 HOURS CO-ED, AGES 8+ BEGINNER: FOR ANYONE!! INT/ADV: MASTERED KONG, HANDSTAND AND LONG SWING	X	4:50PM (BEGINNER) 6:30PM (INT/ADV)	X	X	X	X

ADULT GYMNASTICS/FITNESS (AGES 16+)

ADULT GYMNASTICS CLASS LENGTH: 1.5 HOURS ALL LEVELS: FOR ANYONE!! INT/ADV: MASTERED THE BASICS AND READY FOR MORE CHALLENGING SKILLS AND COMBINATIONS	X	X	6:30PM (ALL LEVELS)	X	X	X
GYMSANITY CARDIO AND FULL BODY BLAST! CLASS LENGTH: 1 HOUR	7:00PM	X	X	X	X	X

PLEASE NOTE THAT ALL CLASSES ARE SUBJECT TO CHANGE OR CANCELLATION BASED ON ENROLLMENT AND COACH AVAILABILITY.

NO CLASSES:
 OCTOBER 10 & 11 (THANKSGIVING)
 NOVEMBER 11 (REMEMBRANCE DAY)
 DECEMBER 21 - 31 (WINTER BREAK)
 JANUARY 1 & 2 (WINTER BREAK)
 FEBRUARY 21 (FAMILY DAY)
 MARCH 21 - MARCH 26 (MARCH BREAK)
 APRIL 15 (GOOD FRIDAY) & 17 (EASTER SUNDAY)
 MAY 8 (MOTHER'S DAY), MAY 21 - 23 (MAY LONG WEEKEND)
 JUNE 28, 29 & 30 (SUMMER CAMP PREP)

LAST DAY OF CLASS BEFORE JULY/AUGUST PAUSE:
 TUESDAY, JUNE 21
 WEDNESDAY, JUNE 22
 THURSDAY, JUNE 23
 FRIDAY, JUNE 24
 SATURDAY, JUNE 25
 SUNDAY, JUNE 26
 MONDAY, JUNE 27