

WINTER 2021

PLEASE NOTE: START AND END DATES TO BE DETERMINED

SAVE MY SPOT: NOVEMBER 16 - 23

(RESERVED FOR THOSE IN THE FALL 2020 SESSION WHO WANT THE EXACT SAME CLASS, DAY AND TIME FOR WINTER 2021)

PRIORITY REGISTRATION - TUESDAY, NOVEMBER 24 AT 7:00PM

(RESERVED FOR THOSE WHO HOLD A CURRENT MEMBERSHIP)

GENERAL REGISTRATION - TUESDAY, DECEMBER 1 AT 7:00PM

(FOR THOSE NEW TO OUR FACILITY AND THOSE WITH AN EXPIRED MEMBERSHIP)

PROGRAM	PRICE	MONDAY (11 WEEKS - PRICING WILL BE PRORATED)	TUESDAY (12 WEEKS)	WEDNESDAY (12 WEEKS)	THURSDAY (12 WEEKS)	FRIDAY (12 WEEKS)	SATURDAY (12 WEEKS)
GYM 360							
PRE-GYM360 CLASS LENGTH: 1.25 HOURS/EVENINGS & WEEKENDS CO-ED, AGES 5-6	\$345	5:00PM	5:00PM 6:45PM	5:00PM 6:45PM	5:00PM 6:45PM	3:15PM 5:00PM	11:30AM 1:15PM
GYM360 LEVEL 1 CLASS LENGTH: 1.25 HOURS/EVENING & WEEKENDS CO-ED, AGES 6+ CANGYM EQUIVALENT: BURGUNDY/RED	\$345	6:45PM	5:00PM	5:00PM 6:45PM	5:00PM 6:45PM	3:15PM 5:00PM	11:30AM 1:15PM
GYM360 LEVELS 2 & 3 CLASS LENGTH: 1.25 HOURS CO-ED, AGES 6+ PRE-REQ: GYM360 LEVEL 1 OR 8 YEARS OLD CANGYM EQUIVALENT: TAN/BRONZE	\$345	5:00PM 6:45PM	5:00PM	5:00PM 6:45PM	5:00PM (2 CLASSES) 6:45PM	3:15PM 5:00PM	11:30AM 1:15PM
GYM360 LEVELS 4 & 5 CLASS LENGTH: 1.25 HOURS CO-ED, AGES 6+ PRE-REQ: GYM360 LEVEL 3 CANGYM EQUIVALENT: PURPLE/BLUE	\$345	5:00PM 6:45PM	6:45PM	6:45PM	6:45PM	5:00PM	11:30AM 1:15PM
GYM360 LEVELS 6 & 7 CLASS LENGTH: 1.25 HOURS CO-ED, AGES 7+ PRE-REQ: GYM360 LEVEL 5 CANGYM EQUIVALENT: TURQUOISE/SILVER	\$345	5:00PM	6:45PM	X	5:00PM 6:45PM	X	11:30AM
ADVANCED GYM360 LEVELS 8, 9, 10 & BEYOND CLASS LENGTH: 1.25 HOURS CO-ED, AGES 8+ PRE-REQ: GYM360 LEVEL 7 OR COMPETITIVE EXPERIENCE CANGYM EQUIVALENT: ORANGE/YELLOW/GREEN/GOLD	\$345	6:45PM	X	X	X	X	X
SPECIALTY							
INTRO TO GYMNASTICS, AGES 8 - 10 AGES 8 - 10 CLASS LENGTH: 1.25 HOURS PRE-REQ: NO EXPERIENCE REQUIRED	\$345	X	X	5:00PM	X	X	X
TEEN GYM CLASS LENGTH: 1.25 HOURS AGES 10-16 NO GYMNASTICS EXPERIENCE REQUIRED	\$345	6:45PM	X	X	X	X	X
ACRO AND TUMBLING FOR DANCE AND CHEER CLASS LENGTH: 1.25 HOURS CO-ED, AGES 6+ BEGINNER: BRIDGE AND CARTWHEEL MASTERED INT/ADV: ROUNDOFF MASTERED, READY FOR AERIALS AND BACK HANDSPRINGS	\$345	X	5:00PM (BEGINNER) 6:45PM (INT/ADV)	X	X	X	X
TRAMPOLINE AND TUMBLING CLASS LENGTH: 1.25 HOURS CO-ED, AGES 7+	\$345	5:00PM (ALL LEVELS)	X	X	X	X	X
PARKOUR GYMNASTICS CLASS LENGTH: 1.25 HOURS CO-ED, AGES 8+ BEGINNER: FOR ANYONE!! INT/ADV: MASTERED KONG, HANDSTAND AND LONG SWING	\$345	X	5:00PM (BEGINNER) 6:45PM (INT/ADV)	X	X	X	X
ADULT GYMNASTICS/FITNESS (AGES 16+)							
ADULT GYMNASTICS CLASS LENGTH: 1.25 HOURS ALL LEVELS: FOR ANYONE!! INT/ADV: MASTERED THE BASICS AND READY FOR MORE CHALLENGING SKILLS AND COMBINATIONS	\$345	X	X	6:45PM (ALL LEVELS)	X	X	X
GYMSANITY CARDIO AND FULL BODY BLAST! CLASS LENGTH: 1 HOUR	*COMING BACK SOON*	X	X	X	X	X	X
ADULT DROP IN (18+) 1 HOUR *REGISTRATION ONLINE* PLEASE NOTE: ALL DROP IN PARTICIPANTS MUST SIGN A WAIVER	SINGLE - \$12 10 PASS - \$110 (GST INCL.)	X	X	8:30PM-9:30PM	X	X	X
PLEASE NOTE THAT ALL CLASSES ARE SUBJECT TO CHANGE OR CANCELLATION BASED ON ENROLLMENT AND COACH AVAILABILITY. *PRICING INCLUDES ALL ONLINE PAYMENT PROCESSING FEES, BUT DOES NOT INCLUDE GST (UNLESS INDICATED OTHERWISE) OR COST OF ANNUAL GOLD MEDAL MEMBERSHIP							
WINTER 2021 - START DATES: TO BE DETERMINED		NO CLASSES: MONDAY, FEBRUARY 15 (FAMILY DAY)			WINTER 2021 - END DATES: TO BE DETERMINED		