

PROGRAM	PRICE	MONDAY (10 WEEKS - PRICING WILL BE PRORATED)	TUESDAY (11 WEEKS)	WEDNESDAY (11 WEEKS)	THURSDAY (11 WEEKS)	FRIDAY (11 WEEKS)	SATURDAY (11 WEEKS)
<b>GYM 360</b>							
<b>PRE-GYM360</b> CLASS LENGTH: 1 HOUR/DAYTIME 1.5 HOURS/EVENINGS & WEEKENDS CO-ED, AGES 5-6	<b>\$300</b> (1.5 HRS) <b>\$235</b> (1 HR)	4:50PM	10:10AM (1 HR) 1:30PM (1 HR) 6:30PM	4:50PM 6:30PM	1:30PM (1 HR) 4:50PM	4:50PM 6:30PM	1:00PM (2 CLASSES)
<b>GYM360 LEVEL 1</b> CLASS LENGTH: 1.5 HOURS CO-ED, AGES 6+ CANGYM EQUIVALENT: BURGUNDY/RED	<b>\$300</b>	4:50PM 6:30PM	4:50PM 6:30PM	4:50PM 6:30PM	4:50PM 6:30PM	4:50PM 6:30PM	9:30AM (2 CLASSES) 11:15AM 1:00PM
<b>GYM360 LEVELS 2 &amp; 3</b> CLASS LENGTH: 1.5 HOURS CO-ED, AGES 6+ PRE-REQ: GYM360 LEVEL 1 OR 2 YEARS OLD CANGYM EQUIVALENT: TAN/BRONZE	<b>\$300</b>	4:50PM 6:30PM	4:50PM 6:30PM	4:50PM (2 CLASSES) 6:30PM (2 CLASSES)	4:50PM (2 CLASSES) 6:30PM	4:50PM 6:30PM	9:30AM 11:15AM 1:00PM
<b>GYM360 LEVELS 4 &amp; 5</b> CLASS LENGTH: 1.5 HOURS CO-ED, AGES 6+ PRE-REQ: GYM360 LEVEL 3 CANGYM EQUIVALENT: PURPLE/BLUE	<b>\$300</b>	4:50PM 6:30PM	4:50PM	4:50PM 6:30PM	4:50PM 6:30PM	4:50PM	11:15AM 1:00PM
<b>GYM360 LEVELS 6 &amp; 7</b> CLASS LENGTH: 1.5 HOURS CO-ED, AGES 7+ PRE-REQ: GYM360 LEVEL 5 CANGYM EQUIVALENT: TURQUOISE/SILVER	<b>\$300</b>	X	4:50PM 6:30PM	X	6:30PM	X	1:00PM
<b>GYM360 LEVELS 8, 9 &amp; 10</b> CLASS LENGTH: 1.5 HOURS CO-ED, AGES 8+ PRE-REQ: GYM360 LEVEL 7 CANGYM EQUIVALENT: ORANGE/YELLOW/GREEN/GOLD	<b>\$300</b>	6:30PM	X	X	6:30PM	X	X
<b>SPECIALTY</b>							
<b>TEEN GYM</b> CLASS LENGTH: 1.5 HOURS AGES 10-16 NO GYMNASTICS EXPERIENCE NECESSARY	<b>\$300</b>	6:30PM	X	X	X	6:30PM	X
<b>THE KYLE SPECIAL</b> CLASS LENGTH: 1.5 HOURS AGES 8+ PRE-REQ: LEVEL 1 GYM360 RECOMMENDED BUT NOT REQUIRED	<b>\$300</b>	X	X	4:50PM	X	X	X
<b>ACRO AND TUMBLING FOR DANCE AND CHEER</b> CLASS LENGTH: 1.5 HOURS CO-ED, AGES 6+ BEGINNER: BRIDGE AND CARTWHEEL MASTERED EXPERIENCED: ROUND OFF MASTERED, READY FOR AERIALS AND BACK HANDSPRINGS	<b>\$300</b>	X	4:50PM (BEGINNER) 6:30PM (EXPERIENCED)	X	4:50PM (EXPERIENCED) 6:30PM (BEGINNER)	X	X
<b>TRAMPOLINE AND TUMBLING</b> CLASS LENGTH: 1.5 HOURS CO-ED, AGES 7+ PRE-REQ: BEGINNER: LEVEL 2 GYM360 AND CARTWHEEL EXPERIENCED: READY FOR BACK HANDSPRINGS	<b>\$300</b>	4:50PM (EXPERIENCED)	X	6:30PM (BEGINNER)	X	4:50PM (BEGINNER) 6:30PM (EXPERIENCED)	X
<b>PARKOUR GYMNASTICS</b> CLASS LENGTH: 1.5 HOURS CO-ED, AGES 8+ BEGINNER/INTERMEDIATE: FOR ANYONE!! ADVANCED: MASTERED KONG, HANDSTAND AND LONG SWING	<b>\$300</b>	X	4:50PM (BEG/INT) 6:30PM (ADVANCED)	X	X	X	X
<b>ADULT GYMNASTICS/FITNESS (AGES 16+)</b>							
<b>ADULT GYMNASTICS</b> CLASS LENGTH: 1.5 HOURS ALL LEVELS: FOR ANYONE!! ADVANCED: MASTERED THE BASICS AND READY FOR MORE CHALLENGING SKILLS AND COMBINATIONS	<b>\$300</b>	8:05PM (ALL LEVELS)	X	6:30PM (ALL LEVELS)	X	6:30PM (ADVANCED)	X
<b>GYMSANITY</b> CARDIO AND FULL BODY BLAST! CLASS LENGTH: 1.5 HOURS	<b>\$200</b> (10 WEEKS)	7:00PM	X	X	X	X	X
<b>DROP IN</b> *PLEASE NOTE: ALL DROP IN'S MUST SIGN A WAIVER							
<b>ADULT DROP IN</b> (18+) 1.5 HOURS	SINGLE - \$12 10 PASS - \$110 (GST INCL.)	X	X	8:00PM	X	X	X
<b>FAMILY DROP IN</b> (AGES 12 AND UNDER - PARENT MUST BE IN GYM SUPERVISING) 1 HOUR	SINGLE - \$10 3 KIDS - \$25 10 PASS - \$90 (GST INCL.)	X	X	X	X	2:45PM	X
PLEASE NOTE THAT ALL CLASSES ARE SUBJECT TO CHANGE OR CANCELLATION BASED ON ENROLLMENT AND COACH AVAILABILITY. *PRICING INCLUDES ALL ONLINE PAYMENT PROCESSING FEES, BUT DOES NOT INCLUDE GST (UNLESS INDICATED OTHERWISE) THE COST OF 2017/2018 GOLD MEDAL MEMBERSHIP (VALID UNTIL JUNE 30, 2018)							
<b>WINTER 2018 - START DATES:</b> MONDAY, JANUARY 8 TUESDAY, JANUARY 9 WEDNESDAY, JANUARY 10 THURSDAY, JANUARY 11 FRIDAY, JANUARY 12 SATURDAY, JANUARY 13		<b>NO CLASSES:</b> MONDAY, FEBRUARY 19 (FAMILY DAY)			<b>WINTER 2018 - END DATES:</b> MONDAY, MARCH 19 TUESDAY, MARCH 20 WEDNESDAY, MARCH 21 THURSDAY, MARCH 22 FRIDAY, MARCH 23 SATURDAY, MARCH 24		

**6:30AM - 8:00AM**  
**8:00AM - 9:00AM**  
**11:30AM - 1:30PM**  
**1:15PM - 2:15PM**  
**1:15PM - 2:45PM**  
**2:15PM - 3:45PM**  
**4:30PM - 6:00PM**  
**6:15PM - 7:45PM**  
**8:00PM - 9:30PM**

**MONDAY**  
**RISE AND SHINE**

**TUESDAY**

**WEDNESDAY**  
**RISE AND SHINE**

**THURSDAY**  
**ND SHINE**

**FRIDAY**  
**RISE AND SHINE**

**SATURDAY**

**SUNDAY**