



FAMILY DROP IN RULES

- 1. FAMILY DROP IN IS FOR CHILDREN 12 YEARS AND UNDER.**
- 2. MAXIMUM OF 3 CHILDREN PER SUPERVISING ADULT.**
- 3. THE PARENT OR ADULT IS REQUIRED TO BE IN THE GYM SUPERVISING THEIR CHILD(REN) DURING THE ENTIRETY OF FAMILY DROP IN.**
- 4. NO FLIPS! WE ASK THAT ALL ATHLETES RESPECT THIS RULE UNLESS GIVEN PERMISSION BY A COACH.**
- 5. LIMIT OF 1 PERSON ON THE TRAMPOLINE AT ALL TIMES (PARENTS MAY STAND ON TRAMPOLINE WITH CHILD UNDER 3 YEARS)**
- 6. NO HEAD FIRST OF STOMACH FIRST LANDINGS INTO THE FOAM PIT. ALWAYS LAND FEET FIRST OR ON BACK.**
- 7. PLEASE RESPECT THE EQUIPMENT AND THE OTHER PARTICIPANTS.**
- 8. NO GUM, BELTS, JEWELRY (WATCHES, DANGLING EARRINGS, NECKLACES, CHAINS, OR RINGS) OR SHOES ARE ALLOWED IN THE GYM.**
- 9. NO SWEARING OR OFFENSIVE LANGUAGE.**
- 10. DROP IN IS ON A FIRST COME FIRST SERVE BASIS. TO KEEP EVERYONE SAFE, THERE ARE A MAXIMUM NUMBER OF PARTICIPANTS ALLOWED IN THE GYM AT ONE TIME.**
- 11. THE SUPERVISING COACH HAS FINAL AUTHORITY ON ALL MATTERS AND HAS THE RIGHT TO REMOVE PARTICIPANTS WITHOUT QUESTION FOR INAPPROPRIATE BEHAVIOUR IN THE GYM.**